

Sharon-Hope This Week –June 5<sup>th</sup>, 2026  
Sharon-Hope United Church  
A vibrant community of faith, hope and love ...  
come and see!

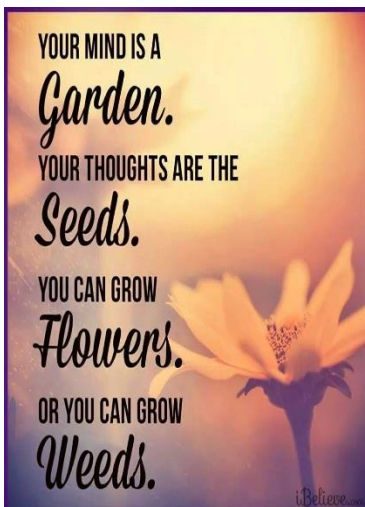


Rev Sadekie

*“You were taught... to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.”*

Ephesians 4:22–24

It is that time of year again—the season of spring cleaning. The windows get washed. The closets get emptied. The garage finally gets some attention. We pull things off shelves and ask ourselves the hard question: *Do I really need to keep this?*



As I prepare to begin our spring cleaning, I came across something my mother gave me years ago. It is no longer in good condition. It serves no practical purpose. In truth, it probably should have been discarded long ago. Yet there it was, carefully preserved because of its sentimental value. I couldn't bring myself to throw it away. Then one day my mother saw it. She looked at it, recognized it immediately, and with a mixture of surprise and disbelief said, **"You still have that?"**

What caught me off guard was not her reaction. It was my own realization. Here I was protecting this object as

though it were precious, while the very person connected to it could not understand why I was still holding on. In that moment, it became easier to let it go.

**And it made me wonder: How often do we do the same thing in our lives?**

We hold on to old hurts long after they have served any purpose.

We carry guilt from mistakes God has already forgiven.

We cling to disappointments, grudges, regrets, fears, unhealthy habits, outdated identities, and limiting beliefs. They occupy space in our hearts and minds, not because they are helping us, but because they have become familiar.

Sometimes we don't even realize we are carrying them until something or someone, causes us to stop and look. Imagine God gently opening the closets of your heart and pointing to something you've been carrying for years.

- ✓ A resentment.
- ✓ A failure.
- ✓ An insecurity.
- ✓ A fear of change.
- ✓ A story about yourself that is no longer true.

And imagine God asking, with both compassion and surprise: *"You still have that?"*

Not as a criticism, not as condemnation but as an invitation. An invitation to recognize that what once seemed important no longer belongs in the life God is creating within you.



Spring cleaning is  
a chance to  
hit the reset button  
on your life.

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The Apostle Paul writes in Ephesians that we are to "put off the old self" and "put on the new self." The language is remarkably similar to spring cleaning. Before we can make room for what is new, we must be willing to release what is old. The challenge is that letting go can feel like losing a piece of ourselves. Even unhealthy things become comfortable when we have carried them long enough. **Sometimes we mistake familiarity for necessity.**

Yet God's desire is not merely to help us organize our clutter. God's desire is transformation. There are seasons when God invites us to clear out what no longer serves our growth so that we can embrace what

nurtures life, faith, and wholeness. Perhaps this spring is one of those seasons. As you take inventory of your closets, your drawers, and your storage bins, take a moment to inventory your heart as well.



What attitudes have expired?

What wounds have overstayed their welcome?

What fears continue to occupy valuable space?

What old version of yourself are you still carrying around?

**What are you holding on to that someone connected to it would look at and ask, "You still have that?"**

The good news of the gospel is that God specializes in making all things new. We do not have to carry yesterday's burdens into tomorrow's possibilities.

So perhaps this season's most important spring cleaning will not happen in your home at all.

**Perhaps it will happen in your heart. And perhaps it is finally time to let it go.**



**Sunday's Message:**

**“Enough Already! God Can Work with That”**

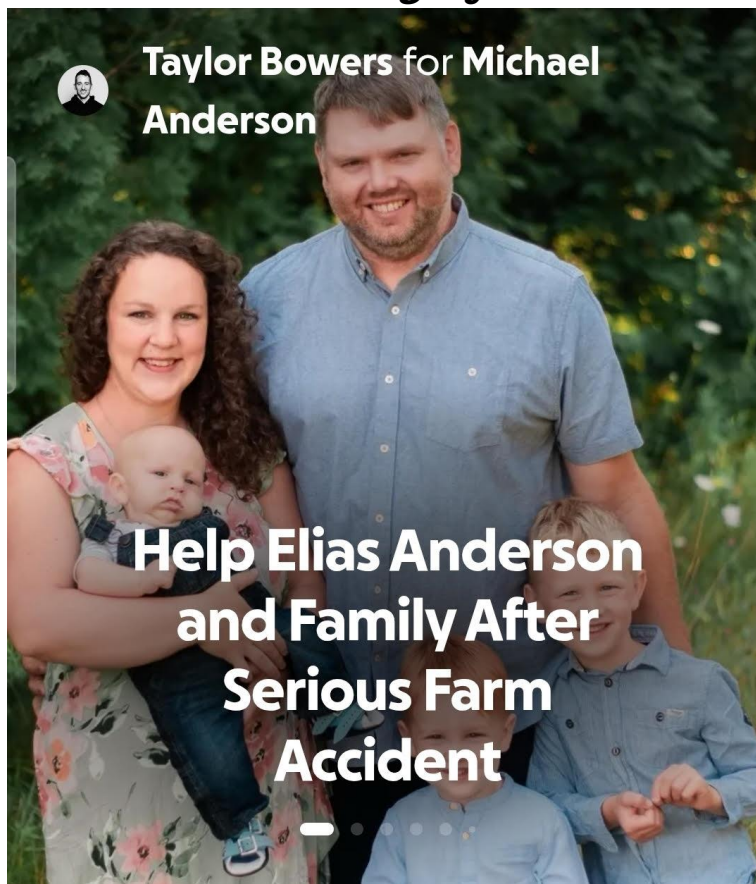
***“Willing Enough Already”***



Every **Thursday** from **11 am - 12 pm**, we read and discuss our insights on the Scriptures read on Sunday and others designated for study in the reading plan for that week.

**Connect...Grow...Come and Join Us in the Lounge**

## **Help Elias Anderson and Family After Serious Farm Accident**



**Jennifer and the family were apart of Sharon-Hope before the pandemic.**

**TO HELP, FOR MORE DETAILS, CLICK ON THE LINK**

**<https://gofund.me/1c8adcf8a>**

A MOMENT OF  
*Hope*

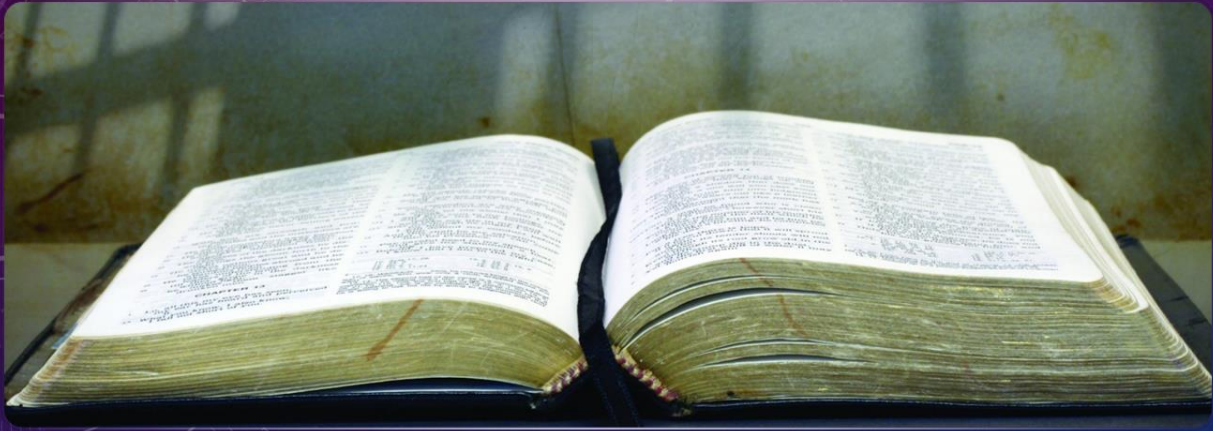
Weekly Online Devotional



**New Videos are Available Every Monday at 6am  
on Facebook & Youtube. Click [Here](#) to see last week's Devotional video**



As WE follow  
after Christ, we  
all can lead one



## LECTIONARY READINGS 2026

ARE YOU INTERESTED IN  
READING THE ONLINE  
VERSION?

WOULD YOU PREFER  
TO PRINT YOUR OWN  
COPY AT HOME?

[Click Here to  
Access the Full  
Series for 2026.](#)

# THANK YOU TO OUR JUNE 7<sup>TH</sup> VOLUNTEERS!!

**Greeter**

Ed

**All**

Steve R.

**Scripture**

Susan

**Collection  
ushers**

**Coffee Time**  
Maryann

**AV team**  
Jim & Bob

Remember to signup outside the kitchen or  
[click here](#)



**ON AIR**

**Missed a Service?** Look for it on [Sharon-  
Hope's YouTube channel](#)

Watch where you want when you want!

Remember



Sharon-Hope is a scent-free building

**Did you know ...** You can find the weekly readings for 2026 [here](#)

**Readings June 7<sup>th</sup>...**

OT: Psalm 50:7–15;

Gospel: Matthew 9:9–13, 18–26



# HOPE & HEALING

June 8<sup>th</sup>

1:15pm – 3:15pm

Lounge

Anyone experiencing loss is welcome to come to our mutual support Hope & Healing Group. Our basic principles are confidentiality, mutual respect and a safe place to speak freely.

## A Message from Finance

### Financial Update for April

Your extra donations and special Lent donation this year are helping to whittle down the budgeted deficit for the year. Thank you for giving more whenever you are able. Our deficit position to the end of April is \$15,451.

May's special fundraiser is the Plants, Baking, & More Sale. The success of this fundraiser could help to yield a surplus for the month. Thank you for all your contributions.

“For it is in giving that we receive.”

— **St. Francis of Assisi**

With gratitude and blessings,  
Your Finance Team

	Year-to-date April		
	2026		2025
Sharon-Hope United Church			
Income & expense summary	Actual	Budget	Actual
<u>Income</u>	\$	\$	\$
Donations	34,227	31,715	35,136
All other sources	28,870	29,980	31,447
Total income	63,097	61,695	66,583
<u>Expense</u>			
Total expense	78,548	84,713	82,114
Operating deficit before the following	<b>(15,451)</b>	(23,019)	(15,531)
Count Me In Special Gifts	-	-	11,814
Operating DEFICIT	<b>(15,451)</b>	(23,019)	(3,717)
OPERATING SURPLUS, DECEMBER 31, 2025	18,921		
OPERATING SURPLUS, APRIL 30, 2026	<u>3,470</u>		
	\$	\$	\$
<b>MISSION &amp; SERVICE</b>	3,099	3,333	2,991



Thank you for  
your donations



**CARING CRAFTERS**  
Check Out Our Library!!

Please remember Only Novels  
can be donated.



**SIGN UP FOR  
COFFEE  
TIME!!**

Sign Up Sheet  
located outside  
the Kitchen.

The Week at a Glance (See [website calendar](#) for other details)

Week at a Glance – June 7 <sup>th</sup> to June 13 <sup>th</sup>						
Sunday June 7	Monday June 8	Tuesday June 9	Wednesday June 10	Thursday June 11	Friday June 12	Saturday June 13
		Rev Sadekie in Office		Rev Sadekie in Office	Rev Sadekie in Office	
				Lectionary 11am Lounge	Ignited Learning 9am-2:30pm Outside	
SHUC Worship 10 - 11am Sanctuary or Click for ZOOM	Hope & Healing 1:15pm-3:15pm Lounge		Ignited Learning 9:30pm-3pm Outside		Gwillimbury Quilters 9am-5pm Harmony Hall / Kitchen	
Sharon Village Bible Church 1 - 5pm Building				SHUC Celebration Choir 7pm-9:30pm Sanctuary	Private Event – Recital 6pm-8:3pm Sanctuary	
		York Harmony Chorus 6:30pm-10pm Hall	A Cappella York 6:30pm-10pm Harmony Hall	Church of Christ 7:15pm-9:15pm Hall / Lounge		Church of Christ 5pm – 9pm Hall / Lounge

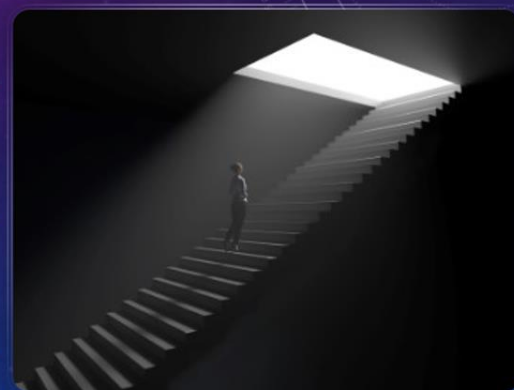
## DID YOU KNOW ... YOU ARE NOT ALONE

If you would like Rev Sadekie to call you, you could do one of the following:

Leave a voicemail message on the minister's confidential phone # 905 -589-0889

Leave a voicemail message on the office phone # 905-478-2231 and the office will direct the message

Let your phone tree caller know and they can direct a message



## Community Notices

CHATs, [Community Programs](#)

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United Church of Canada, [Events and Webinars](#) and [e-Newletters](#)

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Shining Waters Regional Council, [Events](#) and [News](#) (including the Current)

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Toronto United Church Council, [Events and Workshops](#)

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### **Sharon-Hope United Church**

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(905) 478-2231

[sharonhopeuc@gmail.com](mailto:sharonhopeuc@gmail.com)

[www.sharonhopeunitedchurch.ca](http://www.sharonhopeunitedchurch.ca)

Office Hours: Tuesday 10-3pm, Thursday 10-2pm, Friday 10-3pm

Click here to [unsubscribe](#)