

Sharon-Hope This Week –October 9th, 2026
Sharon-Hope United Church
A vibrant community of faith, hope and love ...
come and see!

Gratitude in an Anxious World



Rev Sadekie

Philippians 4:1–9

As we approach Thanksgiving weekend, we are invited to pause, gather around our tables, and give thanks. Yet, if we have been watching the news, we know that gratitude does not always come easily.



Wars and humanitarian crises continue to trouble our world. Economic uncertainty and renewed trade tensions affect Canadian workers, businesses, and families. We are reminded of the growing pressures of climate change and the challenges facing our communities. And here in Ontario, as we prepare for municipal elections on October 26, we are once again thinking about leadership, affordability, housing, and the future of our neighbourhoods.

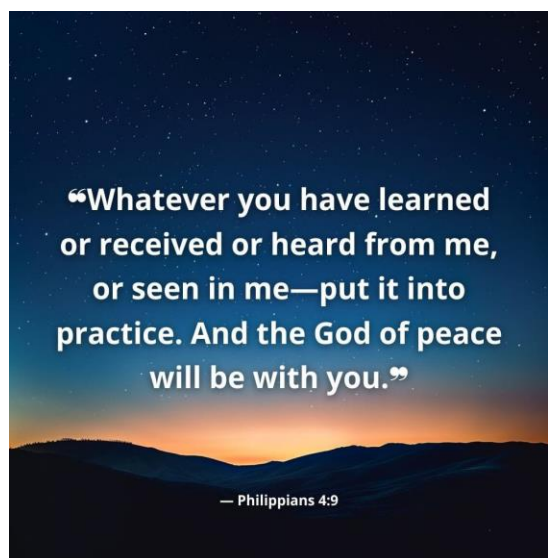
Sometimes, we may wonder: *What is there to be thankful for when so much is wrong?* Paul's words in Philippians 4 offer us a gentle but powerful response: *"Rejoice in the Lord always. I will say it again: Rejoice!"* (v. 4). Paul was not writing from a life of comfort and ease. He knew hardship, uncertainty, and imprisonment. Yet he reminds us that gratitude is not dependent on everything going right. **Gratitude is the practice of recognizing God's presence even when life is difficult.**

do not be anxious
about anything,
but in everything,
by prayer and petition
with thanksgiving,
present your requests
to **GOD.**
and the peace of
GOD, which transcends
all understanding,
will guard your hearts
and your minds in
CHRIST Jesus. philippians
four six &
seven

Paul does not tell us to ignore our troubles. Instead, he invites us to bring our anxieties to God through prayer, petition, and thanksgiving. We can acknowledge what frightens us without allowing fear to become the whole story. We can pray for peace in places torn by conflict, wisdom for our political leaders, compassion for those experiencing hardship, and courage for those working to make our communities better.

As we approach the elections, we can also practise the gentleness Paul encourages. We may disagree about policies, priorities, and the people we believe should lead us. But disagreement need not become hostility. Our faith calls us to listen carefully, speak respectfully, seek truth, and remember the dignity of

our neighbours. **The way we treat one another matters just as much as the positions we defend.**



Then comes Paul's invitation to focus our minds on whatever is true, honourable, just, pure, pleasing, and commendable. This is not an instruction to pretend that the world is wonderful. It is an invitation to refuse to let the world's troubles blind us to its goodness. There is still kindness in our communities. There are still people feeding the hungry, caring for the sick, welcoming strangers, protecting the vulnerable, and working for peace. There are still hands to hold, meals to share, prayers to offer, and reasons to hope.

This Thanksgiving, perhaps we can make room at our tables for both honesty and gratitude. We can acknowledge what is broken while

giving thanks for what remains beautiful. We can remember those who have less, reach out to someone who is lonely, and turn our blessings into acts of generosity.

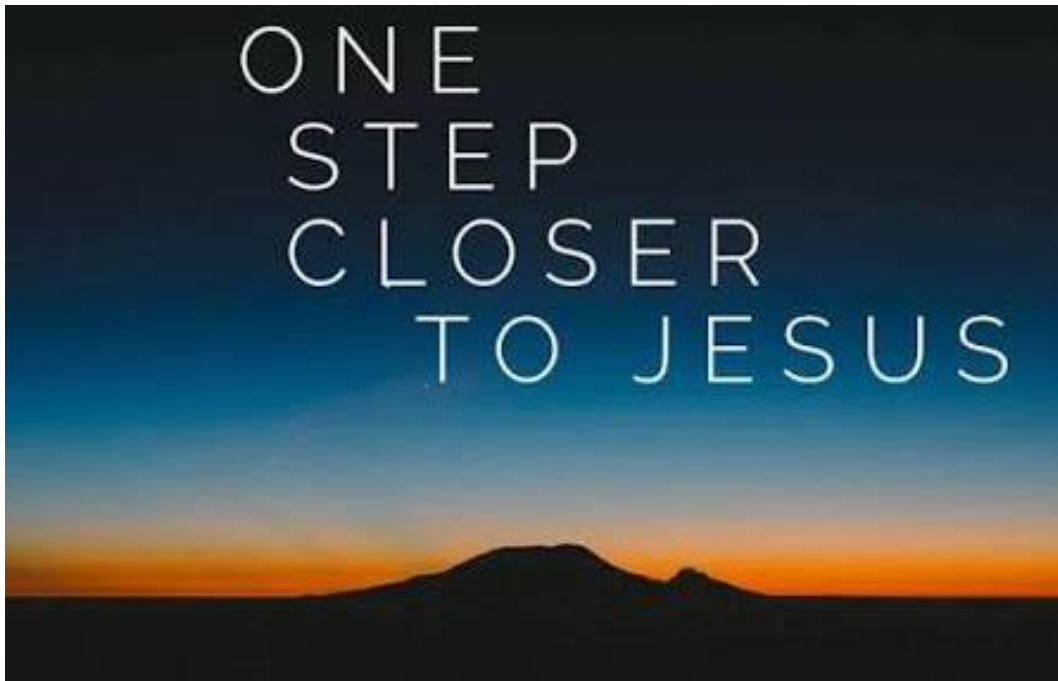
The old hymn “*Now Thank We All Our God*” reminds us to give thanks for the blessings we have received and for the hope that sustains us. We do not sing because every circumstance is good. We sing because God's faithfulness is greater than any single circumstance. So, as you gather this weekend, may you find something to appreciate, someone to encourage, and a reason to pray. **We may not be able to control everything happening in the world, but we can choose how we respond to it.** Let gratitude steady your heart. Let prayer carry your worries. Let gentleness guide your words. And let hope remind you that God is still at work.



Happy Thanksgiving. May you find peace in God's presence, joy in life's simple gifts, and renewed strength for the days ahead.

Take this hope with you this week: *Even when the world gives us reasons to worry, there are still blessings to count, people to love, good to do, and hope to carry forward.*

This Sunday Series begins



Step 2: “*Find the Good in the Middle of the Hard*”

Prayer CIRCLE

*Together in Faith.
United in Prayer.*



Every **2nd** Tuesday
of the Month



at **1:00 pm** —



in the Lounge
at Sharon Hope United Church

All are welcome!

A community of prayer
where hearts connect
and faith is strengthened.



**ALL PRAYERS
WELCOME**

Every prayer matters.



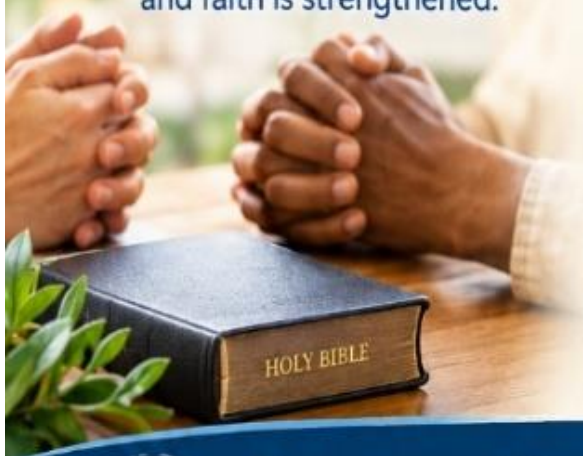
**COME IF YOU
NEED PRAYER**

You are not alone.



**COME IF YOU HAVE
SOMETHING TO PRAY ABOUT**

We're here for you.



**SHARON·HOPE
UNITED CHURCH**

Rooted in Faith. Growing in Love. ♥



18648 Leslie St,
Sharon ON L0G 1V0



A MOMENT OF *Hope*

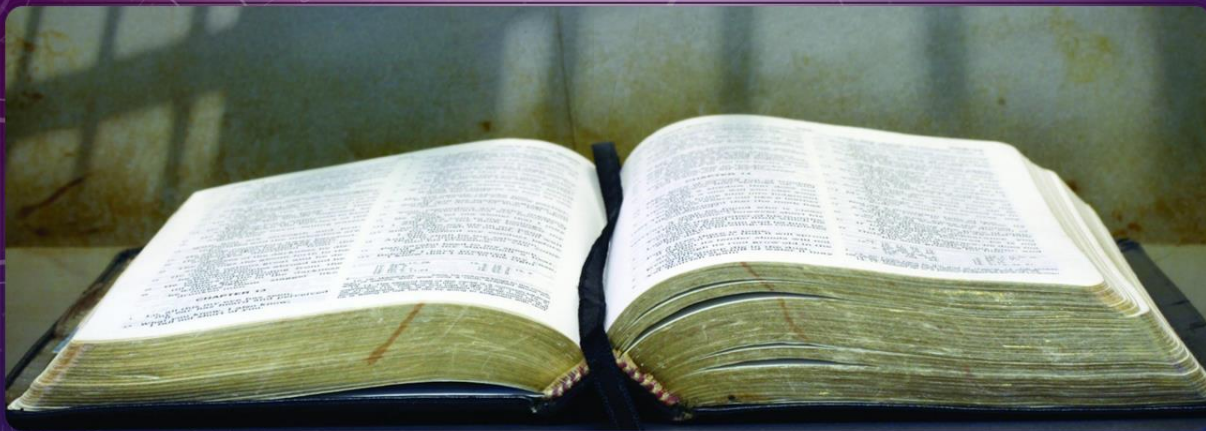
Weekly Online Devotional



**New Videos are Available Every Monday at 6am
on Facebook & Youtube. Click [Here](#) to see last week's Devotional video**



As WE follow
after Christ, we
all can lead one



LECTIONARY READINGS 2026

ARE YOU INTERESTED IN
READING THE ONLINE
VERSION?

WOULD YOU PREFER
TO PRINT YOUR OWN
COPY AT HOME?

[Click Here to
Access the Full
Series for 2026.](#)

FOOD BANK



Join us in Helping the Food
Bank by Donating Non-
Perishable Items.



Please bring your Items to
Church this Sunday.

THANK YOU TO OUR OCTOBER 11TH, VOLUNTEERS!!

Greeter

Ed

**All
Grace**

Scripture

Imran

**Collection
ushers**

**Coffee Time
Maryann**

**AV team
Bob & Barry**

**Remember to signup outside the kitchen or
[click here](#)**

A red, three-dimensional rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters. The sign is mounted on a dark, curved base.

Missed a Service? Look for it on [Sharon-Hope's YouTube channel](#)
Watch where you want when you want!

Remember



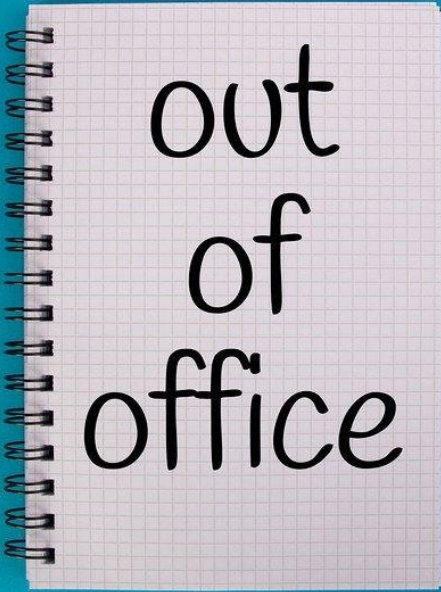
Sharon-Hope is a scent-free building

Did you know ... You can find the weekly readings for 2026 [here](#)

Readings October 11th...

OT: Psalm 23

Epistle: Philippians 4:1-9



out
of
office

**THE OFFICE
WILL BE
CLOSED ON
TUESDAY
OCTOBER 13TH**

OFFICE HOURS WILL
RESUME ON THURS
OCTOBER 15.

**CAMP
BIG CANOE**

CA-NEWS!



**REGISTRATION IS OPEN
LIMITED TIME OFFER:
2026 prices for Summer
2027**

Camp Big Canoe is looking for help:

- People with expertise in grant writing to provide feedback
- Painters (either walls or a new mural)
- Spring cleaners
- Nurses or doctors to be on site for a session

***Would you like to help build a
batch of new bunks?***

Between materials and labour, these tents and platforms are not cheap, but are extremely valuable to camp life. If you are able – please DONATE

If you can help the Camp Big Canoe community grow, please reach out to Ian McTavish at director@campbigcanoe.ca



Hope & Healing

October 13th
1:15pm-3:15pm
Lounge

Anyone experiencing loss is welcome to come to our mutual support Hope & Healing Group.

Our basic principles are confidentiality, mutual respect and a safe place to speak freely.



— SHARON-HOPE UNITED CHURCH —

IS EXCITED TO

Welcome! THE KING DAVIS *Band*

An amazing cover band that excels in
performing songs from:

STEVIE WONDER • DAVID BOWIE
THE BEATLES • MICHAEL JACKSON
and many more!



FRIDAY
NOVEMBER 6TH
2026



STARTS AT
7:00 PM
DOORS OPEN
AT 6:20 PM



TICKETS
\$35
PER PERSON



GET YOUR
TICKETS
Here!! →



<https://forms.gle/iiuuyyExaNRpeFoX8>



Refreshments will be served —
DURING INTERMISSION.



CLICK HERE!!

WE ARE TAKING *Orders Now!*

★ **TAKE-OUT CHILI DINNER!!** ★

NOVEMBER 14TH & 15TH



Price \$15/person
Family price \$50-2 adult,
2 children



EACH MEAL INCLUDES



CHILI



GARLIC BREAD



GREEN SALAD



A SWEET



Thank you for
your donations



CARING CRAFTERS

Check Out Our Library!!

Please remember **Only Novels**
can be donated.

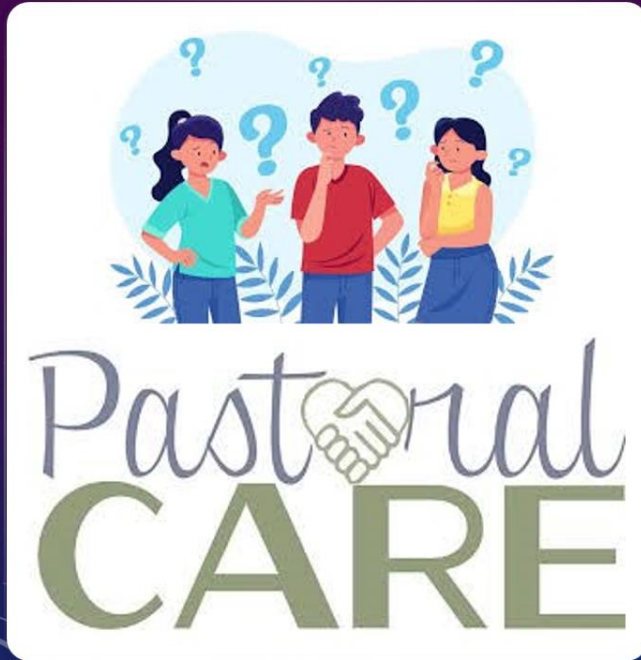


SIGN UP FOR COFFEE TIME!!

Sign Up Sheet
located outside
the Kitchen.

The Week at a Glance (See [website calendar](#) for other details)

Week at a Glance – October 11 th to October 17 th						
Sunday October 11	Monday October 12	Tuesday October 13	Wednesday October 14	Thursday October 15	Friday October 16	Saturday October 17
		Rev Sadekie in Office		Rev Sadekie in Office	Rev Sadekie in Office	
		Church Office CLOSED	Health Watchers 9:15am Outside	Lectionary 11am Lounge		
SHUC Worship 10 - 11am Sanctuary or Click for ZOOM	Thanksgiving	Sharon-Hope Prayer Circle 1pm Lounge	Rental Meeting 11am-12:30pm Boardroom			
Sharon Village Bible Church 1 - 5pm Building		Hope & Healing 1:30pm-3:30pm Lounge		SHUC Celebration Choir 7pm-9:30pm Sanctuary		
	Canadian Tai Chi 7pm-8:30pm Harmony Hall	York Harmony Chorus 6:30pm-10pm (Hall)	A Cappella York 6:30pm-10pm Harmony Hall	Church of Christ 7:15pm-9:15pm Hall / Lounge		Church of Christ 5pm – 9pm Hall / Lounge



**Do you or a friend
need Pastoral Care?**

**Do you know how to
contact Rev Sadekie?**

**Do you need to speak with the Minister?
Here's how...**



1) Leave a confidential voicemail for Rev Sadekie on her private number 905-589-0889.



2) Email/Call the church office, leave your name & phone number and the office will direct the message. 905-478-2231



3) Let your phone tree caller know and they will redirect a message.

You Are Not Alone!

Community Notices

CHATs, [Community Programs](#)

United Church of Canada, [Events and Webinars](#) and [e-Newletters](#)

Shining Waters Regional Council, [Events](#) and [News](#) (including the Current)

Toronto United Church Council, [Events and Workshops](#)

Sharon-Hope United Church

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(905) 478-2231

sharonhopeuc@gmail.com

www.sharonhopeunitedchurch.ca

Office Hours: Tuesday 10-3pm, Thursday 10-2pm, Friday 10-3pm

Click here to [unsubscribe](#)